

# More Information

This course is designed to be an interactive workshop that enables participants to discuss issues they are concerned about, or may have encountered, when caring for a client/resident at end of life.

The course facilitators and guest presenters are experienced clinicians and educators who provide education to the wider community, across many settings.

**For further information**, education requests and/or brochures, please contact us.

**Telephone** 1300 130 813  
**E-mail** training@epc.asn.au

# Stay connected with EPC



**Subscribe via our website** for news, events, fundraising activities and to receive our quarterly e-newsletter.

You can also like us on Facebook **@epcaus**, follow us on Twitter **@epcaus**, connect with us on LinkedIn **EPC (Eastern Palliative Care)** or subscribe to our YouTube channel **EPC (Eastern Palliative Care)**.



Palliative care. Living well every day.

[epc.asn.au](http://epc.asn.au) ☎ 1300 130 813



EPC is a partnership between the Order of Malta, Outer East Palliative Care Service Inc. and St Vincent's Hospital (Melbourne) Ltd.

Copyright © 2020 Eastern Palliative Care [12/19]

## Introduction to Palliative Care

A short course for Personal Care Attendants



Palliative care. Living well every day.

[epc.asn.au](http://epc.asn.au) ☎ 1300 130 813

# About the Course

This course provides Personal Care Attendants (PCAs) working in aged care facilities, disability or other community care providers, with an introduction to palliative care.

It explores the comprehensive needs of people at the end of life and their families, and gives an overview of some common issues that confront clients and carers on a day-to-day basis.

The course incorporates guidelines for a palliative approach to care.

## Topics include the following

- Aims and Philosophy of Palliative Care/ Palliative Approach
- Advance Care Planning
- Common Palliative Care Symptoms
  - » Fatigue
  - » Pain
  - » Nausea and vomiting
  - » Bowel and urinary symptoms
  - » Breathlessness
  - » Nutrition and Hydration
- Grief and Loss
- Communication Skills
- Dying Process and End of Life Care

# 2020 Course details

## One day course

**Cost** \$180.00 per person [including GST]

Cost includes handouts of presentations, activity sheets, morning/afternoon refreshments & lunch.

**Course 1** Thursday 16 April 2020  
8.45am - 5.00pm

\* Registration by 2 April 2020

**Course 2** Thursday 10 September 2020  
8.45am - 5.00pm

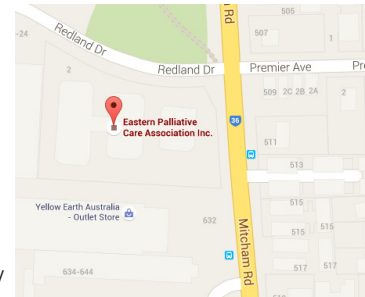
\* Registration by 27 August 2020

### Venue Details

Eastern Palliative Care  
Training Room  
Level 1, Building 2  
630 Mitcham Road  
Mitcham Victoria 3132

Telephone 1300 130 813

Enter EPC via Redland Drive. All day parking available on Premier Avenue.



**A certificate of attendance is presented to each attendee on completion of the course.**

**\* No registration on the day**

Payment is required to confirm booking.

# Application Form

**Name\*** \_\_\_\_\_

**Address\*** \_\_\_\_\_

**Telephone\*** \_\_\_\_\_

**E-mail\*** \_\_\_\_\_

**Place of Employment\*** \_\_\_\_\_

**How did you hear about the course?\***

**Do you have any dietary requirements?**

Please select course\*

PCA Course 1       PCA Course 2

**Total Due\***      \$ \_\_\_\_\_

### Method of payment\*

VISA       Mastercard       AMEX

Cheque/Money Order [payable to Eastern Palliative Care]

Cardholders name \_\_\_\_\_

Company [if applicable] \_\_\_\_\_

Address [if different] \_\_\_\_\_

Credit Card number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiry date \_\_\_\_\_ / \_\_\_\_\_

Signature \_\_\_\_\_

Please detach and return this section to:

Eastern Palliative Care  
PO Box 2110  
Rangeview Victoria 3132

**\*Required**