



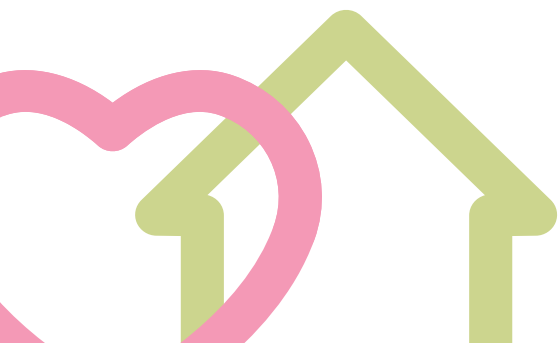
# What is Palliative Care?

**Palliative care** recognises the special needs of a person who has a terminal or life-limiting illness.

The focus of care is on improving the quality of life of clients by assisting with their symptoms and helping them to make changes that will make their life easier and more comfortable.

Palliative care aims to make the client feel in control of their treatment options and offers support for their carer, family and friends. It involves trained professionals providing various types of care which may include specialist palliative care doctors, nurses, family support workers, bereavement family support workers, music, massage and occupational therapists. The delivery of care is supported by specially trained volunteers.

Palliative care is provided in the person's own home, including residential aged and disability care facilities, depending on where the person is living and where they choose to have their care provided at the end of life. Palliative care complements the range of medical treatments and services currently available.



## About Eastern Palliative Care (EPC)

Eastern Palliative Care (EPC) is a not-for-profit home-based palliative care service which offers a full range of support programs with the aim of improving the quality of life of individuals, those providing care and families of those suffering terminal or life-limiting illnesses.

### Our Vision

Together in Service, Compassionate in Care, Leadership in Action.

### Our Mission

EPC is privileged to care for and accompany the dying person and their caregivers in the final phase of life, upholding their dignity and respecting their spiritual, physical, emotional, cultural and social needs. Our care continues in the bereavement services that we offer families and those who provided care.

### Our Values

Compassion, Dignity, Excellence, Partnering.



# The EPC Team



## Referrals

Clients are referred by treating doctors, hospitals, specialists, allied health professionals, by self or by family members and friends.

Referrals can be made on-line at [epc.asn.au](http://epc.asn.au) or via your **Health Care Professional**.

# How your support can make a difference

Your generous support helps maintain the free delivery<sup>1</sup> of our services and programs to clients, carers, families and the community including the following.

- Specialist Palliative Care Nurse and Family Support Worker visits in your home, including aged and disability care facilities, throughout Melbourne's Eastern Metropolitan Region
- 24-hour nursing support
- Liaison with your GP and medical consultants
- Carer education and support
- Massage Therapy
- Music Therapy
- Occupational Therapy
- Bereavement counselling and support
- Bereavement Support Groups
- Specialist palliative care training for other health professionals
- Palliative care education for the community
- Training for our volunteers
- Volunteer support in your home
- Volunteer transport services
- Client biography service
- Palliative Paws program – caring for your pets
- Specialised equipment assessment and hire

<sup>1</sup> All of our services are provided free-of-charge, aside from equipment delivery and some of our professional training.