

EPC Foundations

A Program for Novice Practitioners in Specialist Community Palliative Care

Our program is specifically designed to accelerate the journey of new EPC palliative care nursing and allied health professionals from novice to advanced beginner.

Course structure

9 days of guided, mentored training with plenty of hands on practical opportunities.

Our focus

- Therapeutic relationships/ communication
- Complex support care/assessment
- Safe and independent work in the community
- Collaborative teamwork
- Leadership



01 Safe & Independent Community Practice

Palliative approach to care, risk and safety, PCOC/ ESAS, de-escalation on anger, escalation of care and reflective practice.

02 Pain Assessment & Management

Practice with actors.

03 Dyspnea Delirium & Palliative Care Emergencies

Anticipatory care including support medications.

04 Bowels, Nausea, Appetite, Wound and Skin Care

Practice with actors. Opioid conversions.

05 Diversity of Care

MND, paediatrics, advanced care planning.

06 End of Life Care Teaching Day

Dying process, end of life care education, syringe drivers, After death care, voluntary assisted dying and bereavement.

07 Communication skills workshop and psycho-social needs

Anxiety, depression, mindfulness, existential distress.

08 Communication and teamwork

Palcare, handover, note writing and team communication.

09 Assessment Review and Practice

With role plays/actors - practice communication skills & assessments.

PLUS TWO DAYS of actor simulated home visits or supernumerary time on the road with a Nurse and Family Support Worker.

To book or for further information email sbegley@epc.asn.au or visit epc.asn.au/epc-foundations

